



FOR RELEASE: March 15, 2010

Healthy Garden Plot Sign Up Underway

Muskegon, MI – The public health department is looking for gardeners who are interested in tending a plot in the 2010 Healthy Garden. The Healthy Garden is a community garden for those who are interested in making a positive change in the neighborhood.

Community gardens improve the quality of life for people by stimulating social interaction, encouraging self-reliance, beautifying neighborhoods, producing nutritious food, reducing family food budgets, conserving resources and creating opportunities for recreation, exercise, and education.

Plots are available for gardeners of all experience levels who are interested in growing organic fruits, vegetables, herbs and flowers but do not have the space or resources to garden at home. Some tools, a plot of land and water are provided at no charge. Gardeners are required to provide their own seeds and plants as well as the labor to cultivate, maintain and harvest their plot.

The garden is located next to the public health department within the County's South Campus at the corner of Pine and Apple near downtown Muskegon. Any individual or group that would like a plot should call the public health department at 724-1211 by April 1.

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