

STD Treatment Guidelines

Based on the CDC recommendations and approval of Public Health – Muskegon County’s Medical Director, Dr. Douglas Hoch, the following medications are the recommended treatment for:

Chlamydia: Zithromax (Azithromycin) 1 gram po stat (May be used with pregnancy) **or**
Doxycycline 100mg orally twice a day for 7 days

Gonorrhea: Rocephin (Ceftriaxone) 125 mg IM stat **plus** Zithromax 1 gm po stat, Suprax (cefixime) 400 mg po stat plus Zithromax (Azithromycin) 1 gram po stat **or** Doxycycline (Vibramycin) 100 mg bid x 14 days

All regimens for PID should be effective against *N. gonorrhoeae* and *C. trachomatis*, because negative endocervical screening does not preclude upper reproductive tract infection.

PID: Rocephin (Ceftriaxone) 250 mg IM stat **plus** Doxycycline 100 mg po bid x 14 days or with or without Metronidazole (Flagyl) 500 mg po bid x 14 days or Cefoxitin 2 g IM in a single dose and probaenecid 1g po administered concurrently in a single dose plus Doxycycline 100 mg po bid x 14 days or with or without Metronidazole (Flagyl) 500 mg po bid x 14 days

Syphilis: Early primary, secondary and/or latent <1 year:	Benzathine Penicillin G 2.4million units IM stat
Latent >1 year, latent of unknown duration and/or late latent:	Benzathine Penicillin G 2.4 million units IM stat every late latent: week for 3 weeks

See complete CDC guidelines for pregnant women and congenital syphilis (www.cdc.gov/std/treatment/default.htm)

Genital Herpes: <u>1st clinical episode:</u>	Acyclovir 400 mg po TID for 7-10 days or Zovirax (Acyclovir) 200 mg po 5x/day for 7-10 days or Famvir 250 mg po TID for 7-10 days or Valtrex 1 gram po BID for 7-10 day
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<u>Episodic therapy for recurrent genital herpes:</u>	Acyclovir 400 mg po TID for 5 days or Acyclovir 800 mg po BID for 5 days or Acyclovir 800 mg po TID for 2 days or Famciclovir 125 mg po BID for 5 days or Famciclovir 1000 mg po BID for 1 days or Famciclovir 500 mg po once followed by 250 mg BID for 2 days or Valacyclovir 500 mg po BID for three days or Valacyclovir 1 gram po QD for 5 days
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<u>Suppressive therapy for recurrent genital herpes:</u>	Acyclovir 400-800 mg po BID to TID a day or Valacyclovir 500 mg po twice a day or Valacyclovir 1 gram po once a day
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<u>Episodic therapy for recurrent genital herpes:</u>	Acyclovir 400mg po TID a day for 5–10 days or Famciclovir 500 mg po BID for 5-10 days or Valacyclovir 1 gram po BID for 5-10 days
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Public Health - Muskegon County STD Testing Hours Wednesdays & Thursdays: Noon-4:00 pm

Testing Provided:

Testing for Gonorrhea, Chlamydia, Syphilis, and HIV. Testing for Hepatitis B and C for those at high risk.

Treatment Provided:

Treatment of these diseases is provided after diagnosis. Treatment can be given to those who are contacts (partners) of someone with Gonorrhea, Chlamydia, Syphilis, and Trichomoniasis, if proper documentation is presented.

Service Fees:

Clients are informed of the fees associated with the service they are seeking. They are asked what they can afford to pay. Medicaid is the only insurance we are able to bill. Individuals are not turned away for inability to pay.